



1 FAMILY FOUNDATION

Serving over 2,000 youth athletes across CA, TX, NM, and UT



VISION



LIFE SKILLS

- Positive Self talk
- Self Worth
- Engagement
- Gratitude
- Taking Action



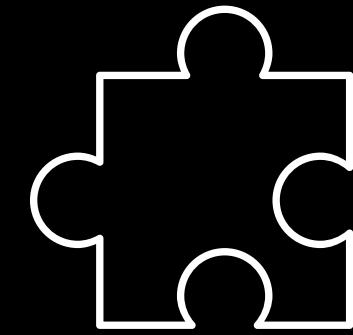
ACHIEVEMENT

- Academic Excellence
- Sports Development



FOSTER STRONG COMMUNITIES

- Grow personally with the ability to contribute to the community
- Grow collectively as a community



OVERCOME CHALLENGES

- Developing Grit
- Developing Resilience

MISSION *EDGE*

We develop high-level, critical-thinking youth who know their worth, strengthen family bonds, and lead in their communities.



E

Empower student athletes to grow and excel, not just on the field but in life

D

Develop high level youth and high school athletes with a championship mindset

G

Grow personally and collectively as a community

E

Excel in life by acquiring tools and developing a growth mindset



PROBLEM

In under-resourced communities, youth athletes navigate increasingly high-pressure sports environments without adequate access to education, mentorship, or family support. Limited leadership development and mental health-informed guidance undermine self-awareness, emotional regulation, and long-term growth—preventing youth sports from fulfilling their role as a healthy, stabilizing force for athletes and their families.



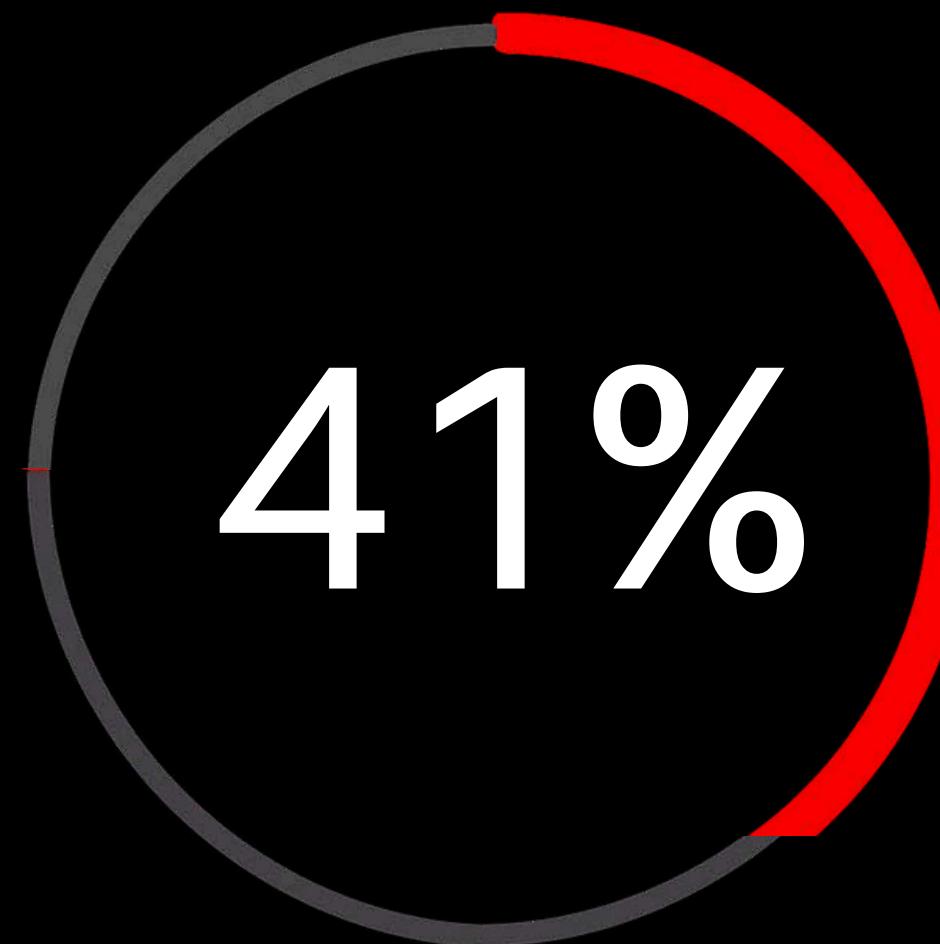
SOLUTION

1 Family Foundation partners with youth sports communities to deliver structured education, mentorship, and family support that restore healthy culture within youth sports. Through the EDGE framework (Empower, Develop, Grow, and Excel), the Foundation equips youth athletes with leadership, emotional regulation, and life skills while supporting coaches and parents in creating environments where both athletes and families can grow.

THE 1 FAMILY FOUNDATION IS COMMITTED TO STRENGTHENING YOUTH MENTAL HEALTH, PREVENTING SUICIDE, AND DEVELOPING RESILIENT YOUNG LEADERS.



Youth suicide is up over 50% since 2020



41% of youth experience difficulty in discovering their identity



Youth depression and anxiety is up 72% since 2020

FUNDING DISTRIBUTION

Your support directly equips youth, families, and coaches with the tools they need to build confidence, identity, communication, and resilience.

60%

On-field Training &
Character
Development

25%

Youth Mentorship

10%

Research & Development
of Ongoing Training
Character Development
Parent Education

5%

1 Family Gala & Fund
Raising Event





1 YEAR TOTAL FUNDING NEED



Youth onsite
training & character
development

\$230,000



Youth mentorship
program &
quarterly events

\$50,000



Continual
development &
support for student
athlete resources

\$45,000



1 Family Gala &
fund raising events

\$25,000

OUR TEAM

CORY
WITHROW

President

CALEB
ALLEN

Secretary

ROB
POLSTON

Board Member

ALEX
VESIA

Board Member

ISAIAH
FREY

Board Member

MIKE
LOGAN

Non Profit
Advisor

The 1 Family Foundation team brings decades of combined experience in youth development, nonprofit leadership, coaching, and community impact.

PARTNER AND SUPPORT 1 FAMILY FOUNDATION WITH OUR IMPACTFUL MISSION FOR YOUTH:

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